

International Conference
SCIENCE and MYSTICISM - where the crossroads lie
Prague - 15.6.2019 - Istituto Italiano di Cultura
Healing between Science and Mysticism

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Dear friends and colleagues:

For topical purposes let me start with some short words before my prepared lecture: Last weekend, Pentecost – feast of the spirit of salvation and freedom of mind, I was invited to lecture at the annual Spiritual Healing Congress “KROHNE” in the Austrian alps. Topic of the conference was “Sense and nonsense of Life” – “Sense and nonsense in Science and Medicine”. Speakers were also the famous stem cell researcher Jürgen Hescheler and the astrophysicist Thomas Schweizer.

Professor Hescheler found, that simply by thoughts influence on the epigenetic system is possible. *T-fields* are *Thought* fields. *L-fields* are subtle physical fields, measurable electrically, for instance in epigenetics. *T-fields* and *L-fields* provide each a blueprint for a different side of reality – and both interfere. With thoughts one can undo the past! With thoughts one can repair sickness, heal. The DNA (**De**-oxy-ribo-**Nucleic Acid**) functions magnetically, electromagnetic signals link our physical and etheric bodies.

Doctor Thomas Schweizer affirmed that the rational Natural sciences without spirituality are “highways to hell”. Rational science deals with dead material, is hostile to life. This started with the case of Galileo Galilei, when the *Church* wanted that Science should be rational, materialistic, whereas the church reserved the spiritual. This historical decoupling of science and spirituality was fatal, led to cold technology, to Hiroshima and Chernobyl, to chemical and radionic pollution... Science became Religion, scientists became priests, and what they think is the modern dogma. Science for itself is neutral, but the question is, what we do with our scientific knowledge. Science has to serve Life and Nature, rough science has to be broadened by subtle science. Humanity needs Heaven and Earth connected. World famous nature scientists and Nobel laureates like Max Born and Werner Heisenberg worked therefore also in **Alchemy**. They saw - so to speak - in a natural-spiritual twilight. It should dawn in us, that everything is linked, nature and spirit, science, myth, mysticism. Shouldn't we recognize mysticism-dawn as breaking, falling of dusk?

Integrate what seems irrational within the rational is by no means Utopia!

This is our topic and lecture today:

Anthroposophic Medicine is an example of Science and Mysticism in a harmonious system, just as the *Mental-Physical Reflexology* of Professor **Calligaris** (1876-1944), whose method is based on empiric neurology and intuition, exercised by *contact* or *telepathic healing*.

About **Calligaris** I spoke already in 1987 at the University of York, cited for instance by the **World Research Foundation** and by Cindy Dale in the Encyclopedia **THE SUBTLE BODY** (2009).

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Anthroposophy - founded by **Rudolf Steiner** (1861-1925) - means *Humanities, Spiritual Science*, means scientific research of the spiritual realms, conscious of the respective one-sidedness of the *natural sciences* and the *spiritual sciences*, using both. „Anthropos“ (ἄνθρωπος) is the Greek word for “man”, meaning literally “looking up, turned to heaven”.

The German word for “science” is “**Wissenschaft**”, “*Wissen*” means “*science*”, “*schaft/schaffen*” means “*create*”!

Science is asking and proving, is logic, exoteric = looking from the outside, measuring the visible...

Mysticism knows, sees with “the inner eye” - also the invisible, hidden to the exterior eyes. Mysticism is esoteric, is intuition, imagination, and inspiration.

Science is working in the earthly sphere, Mysticism in the spiritual.

Science is working in darkness for light, Mysticism is working in the inner light.

We have 2 eyes to see, 2 ears to hear, 2 hands to act – and we have exoteric and esoteric cognitive capacities.

Exoteric Science has the focus in material structures, Esoteric Science constitutes living thought.

The crossroad between both is *Man* - “*Mensch*” is the German word for “*Man*” - related to the Latin “*mens*”, which means “*spirit*”! “The Man is citizen of 2 worlds, the natural and the spiritual one”, said **Goethe** (1749-1832). True science needs communication between natural and spiritual science.

Crossroads lay between **Aristotelism and Platonism**, between the physical and the spiritual world, between outside and inside, between the world of passing life and another eternal... **Pico della Mirandola** (1463-1494) tried to reconcile both, like

Wladimir Sergejewitsch **Solowjow** (1853-1900) tried to reconcile Rationalism and Idealism. **Spinoza** (1632-1677) wanted to unite Rationalism and Mysticism.

They all were aware of unity in plurality, of “the one and all”, similarly **Teilhard de Chardin** (1881-1955) in his search for synthesis.

Science is not to divide!

Natural science moves in matter

and analysis, Spiritual science in living synthesis. Spiritual science looks beyond - Natural science remains in the material world and sees *the main 7 glands, Pineal, Pituitary, Thyroid, Thymus, Solar plexus - digestive glands, Sexual glands, "Base",* sees **Healing from outside.**

Vedic Spiritual science sees in these glands *the 7 chakras* = vital centers of Life Energy, sees **Healing from inside.**

My personal experience concerning Healing is: Diagnosis (as it focuses on the illness) holds tight on sickness, meanwhile Therapy pulls sickness out. The word "Therapy" is derived from the Greek *θεραπεία* - in Latin *education* - both words mean education, pulling to health, integration, integrity.

Analysis/Psychoanalysis (Sigmund **Freud**, 1856-1939) is good, but mainly diagnostic, Synthesis/Psychosynthesis (**Assagioli**, 1888-1974) is cognition and therapy in one.

Disease is a way to learn - "Disease as a way" is a book, written by **Dethlefsen** and **Dahlke** in 1983. "Disease as a way to learn" – that's easy to say, less easy to see, but it is experience in Natural and Spiritual Science, in the common healing practice, which is corporeal, physical chemical, but also natural and psychological, different however from pure Spiritual Healing.

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"As Natural Science looks for results, Spiritual Science has method", said the French physicist **Henri Broch** (*1950 in Nizza), one of the sharpest living critics of parapsychology. But in Natural Science logical theory is less important than experimental proof ...

Looking for the common sense **George Gurdjieff** (1866-1949) saw 2 lines to develop together: Science and existence! **Julius Evola** (1898-1974) saw 2 principles in everything: Physics and Metaphysics. "*We have little to hope, if we are blind for the light which is not coming from the things but from its sense*" – this word of Antoine de **Saint-Exupéry** (1900-1944) is a key-word of Esoterism and of the PHILOSOPHIA PERENNIS, which is uniting the 2 principles and healing the separation of Man and Matter as well as the dualism of **Descartes** (1596-1650). More than on scientific facts the world consists as a world of meaning! Man is the measure of all and more than his physical appearance.

We have to find the hidden unity between *this side world and the beyond*, because *dividing the world in this side and the other side (hüben und drüben) alienates us*, as **Gustav Meyrink** (1868-1932) stated. **Albert Einstein** (1879-1955) with his "cosmic religion" and **Albert Schweitzer** (1875-1965) in "Reverence for Life" showed like **Pascal** (1623-1662) to be citizens of both sides. They were in unity in humanity and showed themselves as practical mystics. They knew, that science doesn't capture the whole

reality. **Heinz Zahrnt** (1915-2003) clarified this by the example of an ellipse, the geometrical curve surrounding 2 focal points: In the "ellipse of reality" one focus is the science, and the other focus is the non-visible. Spirituality and Religion or Mysticism originate and flow in the holistic view of the "Universal Science" - **Joachim of Fiore** (1135-1202): *The meditative-contemplative man needs not secular science nor church (Mysticism); but in freedom (and "peak experiences"- Maslow) he experiences all on the inner way, in a mysticism which reveals itself only to those people who are open for the hidden.*

John Dee (1527-1608) like **Ramon Lull** (1232-1316) and the old Egyptians didn't know barriers between Eso- and Exoterism. They were capable to clothe it in Symbolism and Mythos. John Dee wrote in 1564 his MONAS HIEROGLYPHICA – "The hidden unity" between Physics and Metaphysics. Today science appears more as a conglomeration of knowledge... **William James** (1842-1910) philosopher and professor of psychology at Harvard, defender of mind cure and free healing, advocate of non-medical practitioners, he tried (like **Goethe** too) to demonstrate that the traditional dualism *subject - object* is a barrier for sound cognition, epistemology, and he showed Cognition as intersection of the circle of truth and the circle of belief. His intention however to convert psychology to nature science led him to a certain *determinism*, what we could compare with the *mechanicism* in **Calligaris**, both "isms" owed to the epoch. Nevertheless magnificent, James' opinion about "the mystics, who have usually proved to be right about the facts, while the scientifics were better ... in respect to the theories. " Fascinating also his "Psychology of Religion".

Religions often forget the material body of man - nature science forgets the spirituality of the body. And unfortunately the spirituality of orthodox churches is often materialistic... Though: Heaven and Earth, the universe is one, day and night, Mysticism melting. Mystic comes from the Greek *myein* = close the external eyes, looking with the inner ones, the third eye and the kidneys. The knowledge is within us! We are in the world, the world is in us. The object of human research is not really outside. Enlightenment, historical Enlightenment (Aufklärung und Erleuchtung) and Esoterism is "inner way".

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Practical part (demonstrations):

Healing between Science and Mysticism: Magnetic Healing and Calligaris Healing

For **magnetic medicine** stands **Mesmerism**, the name of Franz Anton Meßmer, 1734-1815, world famous medical doctor.

For **psychosomatic reflexology and medical telepathy** stands Professor **Calligaris**, 1876-1944, neuropathologist at the University of Rome, whose textbook for the

Extrapyramidal Motoric System (2 volumes, 1900 pages) served the Italian medical students for good two decades.

Magnetic healing in the magnetic aura of a patient, streaming with magnetism, laying on of the healers' hands on a patient, it is often thought to be mystical, but it is fully scientifically-experimental and theoretically proven:

By our nutrition and our digestive juices we have a defined digestive chemistry: our saliva is alkaline, the gastric juice is acidic, the small intestine is again alkaline, that of the large intestine acidic ... This serial polarity in our body, acids and bases, it works like a battery, generates voltage, electricity: **man is a living battery** – mainly thanks to our digestive physiology.

We know brain and heart currents, and we know how an electric circuit generates a magnetic field – as conversely magnets generate electricity.

Try no. 1: By a short given battery current according to Calligaris (eg. 18 V / 36 μ A) or by a 2-second lasting stimulation by means of an acupuncture or neurologist needle in the heart-3-point at the left arm, a “water point”, called in the Chinese Acupuncture System “**gate of joy for life**”, we immediately reach a feeling of happiness, calming down anxieties, heart sensations and nerve pain. The point can be felt at the end of the inner elbow crease, directly above the bone, and can be stimulated also by a massage with the forefinger.

By our own body-magnetism we are able to influence the magnetic field of another person, of a patient, the currents in patients cells, and by this their cell chemistry, in derailments of cell metabolism, even in cancer.

Try no. 2: I show you now how I check within a minute feeling 14 meridians of energetic pathways in the human body – diagnosis and therapy simultaneously. I call this method “**Biomagnetic Auratherapy HMS**” (HMS = Hubert M. Schweizer) or *Dekatesserameridian-diagnosis* and *Dekatesserameridiantherapy* – “dekatessera” being the Greek word for 14. **Try no. 3:** Circulating with your hand over the positive (+) North side of a magnet you can feel warmness, circulating with your hand over the negative (-) South side of a magnet you can feel coolness. The sensitivity for this is trainable – similar in the case of the Dekatessera-technique feeling coolness or warmness of energies, weakness or abundance.

Try no. 4: Using a magnet, we can also stimulate “the inner eye” for clairvoyance – diagnosis, as Calligaris taught this with regard to the kidneys. The kidneys and the eyes are closely related, also pathophysiological – owners of horses and veterinarians know this well. The Angiology of the renal cortex and the retina or the fundus of the eye show similar structure. And we could say - esoterically spoken - that the kidneys look inside us, the eyes outside ...

We can **activate the inner eye** by placing the left middle finger tip vertically on the minus side of a magnet (South) shown.

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The middle line of the middle fingers is according to Calligaris the kidney meridian. There will appear pictures in our inner eye, when we close our eyes for 5 – 10 minutes with the middle fingertip on the magnet. shown

If we put then the same left middle finger in the same position on a map (shown), closing again our eyes, may emerge pictures of the respective region, which is represented at this point of the map. If we put the middle finger on the photo of a patient or on a tuft of hair, on a curl of a distant patient, or on a dried-up drop of blood from a patient, ideas will emerge, will come into our inner sight, by telepathy, up-to-date diagnoses to be verified: we see something actual by our inner eye. Something **present** will appear in our third eye.

Try no. 5: If we put now the sensitized left middle finger 45 ° (degree) in writing direction, bowing, tilted the hand in direction to the small finger side, on the map or the photo of a patient (shown) we see more the **future** and we may receive forecasts or prognosis of a sickness...

Try no. 6: If we then put the same middlefinger 45 degrees in the opposite direction (shown) we are enabled to learn something of the **past**, for instance of the biography of a person, or of the history of a place.

Try no. 7: It has been proved, that migratory birds between the eyes, behind the forehead, and also we between the eyebrows, have a certain “concentration point” or “Ajna” or “Trikuti” or the “Third eye”, have there magnetic radiation, based on magnetic crystals, lodestone (Magnetit), some kind of iron “sand”, ferric oxide (Eisenoxid), and it is thought that there lays the reason for the sense of direction in the magnetic earth field, known especially in carrier pigeons. Calligaris research found out, that this functions also in man (shown – laying a magnet on the forehead).

All this is verified, experimentally and trainable – for each diagnostician or therapist a cheap available help! Our organism has great potential and “our body is a great sage” (Nietzsche).

HMS